

# Speech Trek

is a speaking contest  
for California high  
school students!



This annual event is organized by the American Association of University Women (AAUW) to promote public speaking and leadership skills. It is open to all high school students in the Greater Auburn area. Students are to prepare an original 5-6-minute speech with a 30-second grace period on either side.

First Prize is **\$500**, Second Prize is **\$300**, and Third Prize is **\$200**.

## Key Dates:

Student Registration Due	January 14, 2024
Rough Draft Due	February 18, 2024
Speech Contest	February 25, 2024

## 2023-2024 Speech Trek Contest Topic:

**If an educated population is essential to a nation's prosperity, then how can we ensure a robust public school curriculum that is accessible to all and teaches historically accurate information?**

### Why Should I Practice Public Speaking?

Effective public speaking skills can help with career advancement in any field because they indicate creativity, critical thinking skills, leadership abilities, poise, and professionalism. Communication skills allow us to form connections, influence decisions, and motivate change. The difference between being promoted, or not, often hinges on communications skills.

### Coaching Resources:

Registered students will have access to a list of writing coaches and speaking coaches from our community. There is no cost for the coaching, and meetings can take place at your school or the Auburn Library.

Download this [Hyperlink](#) for Registration Details, or go to:

<https://www.aauw-ca.org/documents/2023/09/speech-trek-student-toolkit-word.docx/>

### For More Information:

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